

Interaction with drugs or other products: If you are taking or you have just finished treatment using another medication or other product for vaginal use or contraception, including medical devices, medications or products that do not require a prescription, or dietary supplements, please inform your physician or pharmacist in order to avoid risks or lack of efficacy resulting from interaction with other medicines or products. In particular, consult with and inform the physician or pharmacist if you are taking or planning to take: vaginal douches, particularly those that contain soap. These might impair the ovule's efficacy. It is recommended not to simultaneously use other vaginal products.

During the use of this product, avoid using vaginal contraceptive sponges, tampons or other vaginal products, unless recommended by a physician.

Pregnancy and Breastfeeding: • As the product is intended for the prevention of pregnancy, do not use if you are pregnant or if there is a chance that you are pregnant. • If your period is late, you may use this product for contraception. • Consult your physician prior to use of this product if you are breastfeeding, since studies show that the ingredient benzalkonium chloride might be excreted in minimal amounts in breast milk.

Side effects: As with all medical products, the use of this product may cause side effects in some patients. Do not be alarmed from reading the list of side effects as you might not suffer from any of them.

Stop using this product and consult a physician immediately in the following instances: irritation or hypersensitivity reaction, redness in the vagina or the penis; vaginal pain, increased or unexplained bleeding or secretions.

Other side effects: Light vaginal secretions (this might occur due to the ovule dissolving and some of the material dripping out), dryness, vaginal smell or urinary tract inflammation that can manifest as frequent urination, dysuria (painful urination), urine that is not clear or that has traces of blood. Occurrence in both partners of irritation, mild burning sensation or heat sensation in the genitals.

Consult your physician as soon as possible and stop using the product if these effects are bothersome or persist for more than two days after the last use of the ovules.

If one of the side effects worsens, if you feel a change in your general health, or if you suffer a side effect not listed in this leaflet – please consult a physician or pharmacist, and if necessary, stop using the product.

Instructions for Use and Dosage: If you are not sure, check with the physician or pharmacist. Unless otherwise instructed by the physician or pharmacist, the usual recommended dosage is: One ovule inserted deep inside the vagina 5 minutes prior to sexual intercourse. If sexual intercourse is delayed by more than one hour following the insertion of the ovule, or prior any additional sexual intercourse, insert another ovule into the vagina. If immediately after you insert the ovule you feel it dripping out of the vagina, insert another ovule immediately. The ovule provides protection during sexual intercourse for 4 hours. Do not exceed the recommended dosage.

Instructions how to insert the ovules into the vagina: • First, wash your hands. • Take the suppository out of the package by pulling both sides of the wrapping. • Lie on your back, bend your legs with your knees facing upwards. • Hold the ovule between your thumb and index finger. Insert the ovule into the vagina using your index finger. The ovule should be inserted into the vagina as deep as possible without using force or causing discomfort.

Note: Do not swallow! Do not eat! The product is intended for vaginal use only. Not for use in the eyes. Avoid contact with the eyes. If the substance comes into contact with the eyes – rinse your eyes well with running water for several minutes. Seek medical treatment if needed.

Prevent poisoning! The product should be kept in a closed place out of the reach of children and/or infants, thus preventing poisoning. If you used an overdose or if, by mistake, an ovule was swallowed by a child or adult, go to a hospital emergency room immediately and take the product package with you. **Do not induce vomiting** unless otherwise instructed by a physician! **Do not use the product in the dark!** Check the label and dosage **each time** you use the product. Wear glasses if you need them.

Storage: Keep in a cool place, below 25°C, in the product's original package, away from sources of heat or light. The ovules should be kept closed in their wrapping until using them. The wrapped ovules should be kept in the closed cardboard package. Do not use the product after the expiration date marked on the package. Do not use the product if the product packaging is incomplete. Keep out of reach of children and infants. Expiration date refers to the product when it is kept closed and properly stored.

The product can be stored for a limited period only, even if stored in accordance with the recommended packaging / storage conditions. Please note the product's expiration date! In any case of doubt, please consult a pharmacist or the party that provided you with the product. Do not store the product in the same package with other products or preparations.

Approved by the Ministry of Health, Medical Device Department, approval no. 31510002.



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تعليمات الاستخدام والجرعة: استئشري الطبيب أو الصيدلي إذا كنت غير متأكد. في غياب أي توصية أخرى من الطبيب أو الصيدلي، فإن الجرعة المتبعة عادة هي: إدخال تحميلة واحدة في عمق المهبل، 5 دقائق قبل إقامة العلاقة الجنسية. إذا تأخر بدء العلاقة الجنسية لأكثر من ساعة بعد إدخال التحميلة، أو قبل أي اتصال جنسي آخر، أدخل تحميلة أخرى في المهبل. إذا شعرت فوراً بعد إدخال التحميلة بأن المادة تنسرب منها إلى خارج المهبل، فومي بإدخال تحميلة أخرى على الفور. توفر التحميلة الحماية أثناء الاتصال الجنسي لمدة 4 ساعات. لا يجوز تجاوز الوجهة الموصى بها.

كيفية إدخال التحميلة في المهبل: • قومي أولاً بغسل يديك. • أخرجي التحميلة من العبوة عن طريق سحب جانبي الغلاف. • استلقي على ظهرك مع ثني الساقين بحيث تتجه الركبتان نحو الأعلى. • أمسكي التحميلة بين الإبهام والسبابة. أدخل التحميلة إلى داخل المهبل باستخدام إصبع السبابة. أدخل التحميلة عميقاً قدر الإمكان في المهبل دون استخدام القوة أو التسبب بشعور من عدم الراحة.

تنبيه: يحظر ابتلاع المنتج! يحظر أكل المنتج! التحميلة مُعدة للاستخدام المهبلي فقط. ليست للاستعمال بالعيون ويجب الامتناع عن ملامسة العيون. إذا لامست المادة العيون - يجب غسل العيون جيداً بالماء الجاري لمدة دقائق. إذا لزم الأمر، يجب التوجه لتلقي علاج طبي.

منع التسهم! يجب الاحتفاظ بهذا المنتج في مكان مغلق بعيداً عن متناول الأطفال وأول الرضع لمنع حالات التسهم. إذا استخدمت جرعة زائدة أو إذا ابتلع طفل أو شخص بالغ التحميلة عن طريق الخطأ، يجب التوجه فوراً إلى غرفة الطوارئ في المستشفى وإحضار عبوة المنتج معك. **ممنوع التسبب بالتغيير** بدون تعليمات واضحة من الطبيب.

يُنصح استخدام المنتج في الظلام! تتحقق من المصق وكيفية الاستخدام في كل مرة تستخدمين فيها المنتج. يجب استعمال النظارات إذا كنت بحاجة لها.

التخزين: يجب حفظ المنتج في مكان بارد بدرجة حرارة أقل من 25 درجة مئوية، في العبوة الأصلية بعيداً عن مصادر الحرارة والضوء. يجب إبقاء التحميلة مغلقة في أظفها لحين الاستعمال. يجب تخزين التحميلة المغلقة في داخل زرمة الكرتون المغلقة لا يجوز استخدام المنتج بعد تاريخ انتهاء الصلاحية المطبوع على الزرمة. لا يجوز استعمال المنتج إذا كانت زرمة المنتج غير كاملة. يجب إبعاد المنتج عن متناول أيدي الأولاد والأطفال. تاريخ انتهاء الصلاحية يطبق على المنتج الذي تم الاحتفاظ به مغلقاً وتم تخزينه كما هو مطلوب.

حسب شروط التعبئة / التخزين الموصى بها أيضاً، يمكنك حفظ المنتج لفترة محدودة فقط. يرجى الانتباه لتاريخ انتهاء صلاحية المنتج في حال وجود أي شك، استئشري الصيدلي أو الشخص الذي زدك بالمنتج. لا يجوز تخزين المنتج في نفس الزرمة مع محتويات ومستحضرات أخرى.

بمصادقة وزارة الصحة، قسم المعادات الطبية، رقم المصادقة 31510002

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Patient Information Leaflet
Please read the entire information leaflet carefully before using the product

Pharmatex Vaginal Contraceptive Ovules

Pharmatex is a contraceptive medical device (for the prevention of pregnancy). **Pharmatex** contains the spermicide Benzalkonium Chloride in an amount of 18.9 mg per ovule. **Pharmatex** does not contain hormones.

Pharmatex is especially suited for women who do not wish to use contraception on a fixed basis (e.g., oral contraceptive or intra-uterine device (IUD)) and prefer to use temporary contraception that enables flexibility with the timing of use, as needed. There is no need for preliminary planning prior use and there is no need for follow-on administration after a single use.

Pharmatex is suitable for use after birth or during breastfeeding (following consulting with a physician or pharmacist), if there is a contraindication to the use of an oral contraceptive or of an intrauterine device.

Purpose of use / Indication: Contraception (prevention of pregnancy). Can be used in conjunction with other contraceptives, including: oral contraceptives, diaphragm, intrauterine device, condom or other barrier methods of contraception.

Ingredients per ovule: Benzalkonium Chloride 18.9 mg, Witepsol (mixture of Hard Fats; Semi-Synthetic Glycerides). May contain: Glyceryl Ricinoleate, Cetomacrogol and/or Hydroxypropylcellulose.

When should the product not be used? • Do not use the product in case of sensitivity (allergy) to any of the ingredients. • As the product is intended for the prevention of pregnancy, do not use if you are pregnant or if there is chance that you are pregnant. • Do not use in case of lack of feeling in the vagina, e.g. in case of half body paralysis or paralysis of all four limbs. • Do not use in case of repeated vaginal bleeding or unexplained vaginal bleeding.

Warnings: The product does not provide 100% efficacy in preventing pregnancy. In cases in which the women must not become pregnant, the method of contraception shall be determined in consultation with the physician.

Washing the vagina after sexual intercourse is not required, but if you wish to wash it, you must wait at least 4 hours following sexual intercourse. Use only water to wash the vagina. Do not use soap since it reduces the efficacy of the product.

The ovules do not protect against Sexually Transmitted Diseases (STDs) such as the AIDS virus (HIV) and Hepatitis C. In case of doubt, use another contraceptive that provides protection against these disease. Consult the physician or pharmacist.

Prior using this product tell the physician or pharmacist: • If you are suffering from or receiving treatment for vaginal inflammation, or irritation of the genitals (including those of your partner). • If you are sensitive to any product, medicine, food or substance. • If you are breastfeeding.